



## Lent and Easter Wisdom from Saint Benedict: Daily Scripture and Prayers Together with Saint Benedicts Own Words

By Judith Sutura OSB

Liguori Publications. Paperback. Book Condition: New. Paperback. 128 pages. Dimensions: 8.0in. x 5.4in. x 0.3in. For over 1,500 years, believers from all Christian traditions have looked to St. Benedict, the patriarch of Western monasticism, for spiritual wisdom. And rightly so: his rule has shown how one may experience a simple, holy, and common sense life, despite the increasingly busy pace of our daily existence. The latest addition to Liguori's popular series of seasonal meditation books provides not only Scripture readings for the seasons of Lent and Easter, but pairs them with a daily selection from the cherished writings of St. Benedict. This book encourages the reader to set aside time each day to reflect upon a specific Scripture passage while providing a suggested activity for Christian living during the Lenten season. In the Lent/Easter seasons when we focus on Christ's great sacrifice for our salvation, we can renew our alertness to the many ways in which our own lives can model his and be other-centered. And like St. Benedict we can come to know God's spirit through the habit of prayer and meditation. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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