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## CHOOSING SANITY: AN UNPRECEDENTED GUIDE TO HEALING BRAIN CHEMISTRY DISORDERS WITHOUT MEDICATIONS



Dog Ear Publishing, LLC. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 8.8in. x 6.0in. x 0.5in. The National Institute of Mental Health has estimated that 44 million adults in America suffer from mental illness in a given year. I used to be one of them. I was told I always would be. I was thoroughly misinformed. MJ Sawyer Choosing Sanity - An Unprecedented Guide to Healing Brain Chemistry Disorders, provides hope and solutions for those diagnosed with mental illness who...

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