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HOLISTIC CHAKRA BALANCING AND THE POWER OF COLOR THERAPY



Wings of Wisdom Publishing. Paperback. Book Condition: New. Paperback. 136 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. Holistic Chakra Balancing and the Power of Color Therapy delivers readers a stimulating and informative exploration into the power of color. They will discover the ability to combine the two for health and fitness - and well-being and personal fulfillment - through alternative therapies. . The first section of the book discusses Chakras the seven vital energy centers of the human body that control...

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- Authored by Martha Reed Phd
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