



## Positive Influence: Harnessing the Power of Positive Psychology to Build Effective Relationships (Paperback)

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By Honorary Research Fellow Peter Connolly

Createspace, United States, 2013. Paperback. Book Condition: New. 200 x 126 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Influence is one of the most critical skills for individuals and leaders in both business and life. With his unique insight Peter Connolly provides a practical and well thought out process for increasing your influence. This is a must read for anyone who wants to excel in life. - Derek Fox, Author of Presenting Without Fear. Most great achievements have been attained through positive influence. It is often the catalyst that helps us to bring out the best in others, build healthy relationships, facilitate conflict resolution and ultimately achieve our goals. In Positive Influence psychologist Peter Connolly presents an integrated and practical approach to building effective relationships. Drawing on current research in psychology, leadership and business as well 20 years experience in the field he provides key concepts and a variety of practical tools and exercises that will help the reader to, Build more positive relationships Inspire credibility Influence others Improve self confidence Develop assertiveness Resolve conflict Project a more positive image.



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