

Hair Care Rehab: The Ultimate Hair Repair Reconditioning Manual



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Reviews

The very best book i actually study. It is actually written in easy terms and never hard to understand. Your daily life period will probably be enhance when you total looking over this publication. (Edna Rolfson)

HAIR CARE REHAB: THE ULTIMATE HAIR REPAIR RECONDITIONING MANUAL

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Saja Publishing. Paperback. Book Condition: New. Paperback. 280 pages. Dimensions: 9.8in. x 6.8in. x 0.7in.Dry Hair. Dandruff. Split Ends. When your hair reaches rock bottom its time for a little rehab. While we cant permanently undo the damage of the past, Hair Care Rehab: The Ultimate Hair Repair and Reconditioning Manualwill give you the blueprint and tools you need to salvage and work with your stressed out hair. Who is this book for Everyone! Brunette, blonde, straight, wavy, curly, thick, fine--no matter your hair situation, rehab has you covered!This book takes readers through three phases of rehab: The Intervention: Discusses hair structure, type and form. Also defines hair damage, and teaches you how to work with overworked hair!The Detox: Presents a 5-Step strategy for hair repair that WORKS!Hair Therapy: Offers tips and solutions for 30 common scalp and hair care issues. If your relationship with your hair is on the rocks, get the rehab you need today with Hair Care Rehab. Contents: Unit I: The InterventionChapter 1: Let s Start Off With What Is Not True Chapter 2: Hair and Scalp: Just the Basics Chapter 3: Damage DefinedChapter 4: What s Your Drug of Choice Unit II: The DetoxChapter 5: Getting Damage under Control Unit III: Hair Therapy and Treatment Chapter 6: The Hair Repair Manual Special TopicsAlopecia (Hair Loss)Basic Hair Breakage Burns (Appliances)Chemical BurnsChlorine and Pool Water DamageColor FadingContact DermatitisCradle CapCrown-Area Hair BreakageDamaged, Highly Porous HairDandruff and Dry ScalpDry, Brittle HairEczemaRed, Itchy ScalpFine, Limp HairFrizzy Hair Graying HairGreen HairHair Loss and ThinningHead LiceHeat DamageOily HairPsoriasisRingwormSeborrheic DermatitisSheddingSingle-Strand KnotsSluggish Hair GrowthSplit EndsSun and Surf DamageTangly HairThinning Hair EdgesThin Ends Unit IV: Outpatient Therapy Chapter 7: Special Hair Conditioning and Restoration Treatments Chapter 8: On the Shelf! This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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