

Sprigs Entertain (Paperback)



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Jacana Media (Pty) Ltd, South Africa, 2010. Paperback. Book Condition: New. 260 x 180 mm. Language: English . Brand New Book. Sprigs Entertain is the long awaited follow up to Fresh Kitchen Inspiration from the incomparable chef twins, Clare and Fiona Ras - the owners, managers, cooks, bakers, chefs, hosts and chief taste-testers at the Sprigs restaurant. The Sprigs restaurant is a family affair that has been built in equal parts on the Ras s passion for food and the immense pleasure they derive from feeding friends, family and the people who return time and again to their tables. Sprigs Entertain came into being as a direct result of the massively popular cooking courses hosted in their demo kitchen, which are all about getting people relaxed and creative about feeding people in their own homes. The title combines a host of their favourite dishes, along with new recipes that utilise more contemporary ingredients and explore the tastes afforded by a myriad different cuisines. With exotic ingredients now readily available at the local supermarket, they argue that there is simply no need to limit home offerings to pastas and roasts. Sprigs Entertain is there to build confidence in the kitchen and to gently push the culinary boundaries. With menu titles like: Gone fishing; Tunisian Morning; Long Italian Lunch; Thai Island Style; China Doll; and Colonial Portuguese there really is something enticing for everyone within these richly photographed pages. While the sisters are keen to encourage home chefs, the intention is to always to guide, rather than prescribe, and a little bit of home based adventure, according to the Ras s, is the beginning of culinary inspiration. With Sprigs Entertain, even something as simple as scrambled eggs, with a twist, can become the centre of a wonderful family gathering. Sprigs Entertain has...

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