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Girls, Uninterrupted: Steps for Building Stronger Girls in a Challenging World

By Tanith Carey

Icon Books Ltd. Paperback. Book Condition: new. BRAND NEW, Girls, Uninterrupted: Steps for Building Stronger Girls in a Challenging World, Tanith Carey, * Why are girls self-harming and suffering eating disorders in record numbers? * Why do girls feel they have to be 'little miss perfects' who are never allowed to fail? * Why are girls turning against each other on social media? * What should we tell girls about how to deal with challenges of every day sexism and violent, misogynistic pornography? * How can parents, teachers and grandparents inoculate girls so they can push back against the barrage of unhealthy messages bombarding them about what it means to be female? Whether they are praised for being pretty rather than smart, or accused of being 'bossy' rather than leaders, teaching girls how to be comfortable with themselves has never been more challenging. Laid out in clear simple steps, Girls Uninterrupted shows the practical strategies you need to create a carefree childhood for your daughters and ultimately help build them into the healthy, resilient women they deserve to be.



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Reviews

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