

From Om to Orgasm: The Tantra Primer for Living in Bliss (Paperback)



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Reviews

Very beneficial to any or all class of individuals. It is rally interesting throgh looking at time. You will not feel monotony at at any time of your time (that's what catalogs are for concerning in the event you question me).

(Dr. Dallas Reinger IV)

FROM OM TO ORGASM: THE TANTRA PRIMER FOR LIVING IN BLISS (PAPERBACK)

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AUTHORHOUSE, United States, 2008. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. From Om to Orgasm: the Tantra Primer for Living in Bliss is a compendium of ancient mystical techniques of the East enriched with contemporary Western reasoning, a highly potent combination that will build deep intimacy in relationships. The joy of orgasm is a metaphor for the joy of living and loving. Contrary to a popular interpretation, tantra has often been portrayed as orgiastic, pedestrian sex, while in fact it actually is a very high path requiring an awareness of virtues, and mastery of life skills. Tantra can be an erotic and mystical experience when there is a union between uninhibited sex and spiritual awareness. The ultimate goal of tantra is to become established in a state of Supreme Bliss. Testimonial: In the fast paced and technologically driven world of today, we are far too involved with running around, working constantly and from everywhere, and trying to meet deadlines. The world of internet, laptops, Blackberries, iPods, iTV and iPhones has increased our social networking and accessibility, but has diminished our sex lives to brief periods of half hearted enjoyment. Yet, you thought you knew everything about love, sex and relationships. In this book, Chandi Devi and J. Ram bring about a unique and meditative approach to sex. They talk about weaving an enhancing relationship with oneself, the beloved, and ultimately the divine, and about joining of the masculine and feminine energies of Shiva and Shakti. The book gives us a flawless, enlightened and uninhibited path to divine sexual expression and practices. It teaches the magic of improving communication between partners, which helps in healing the mind, body and soul. This sensitive, informative, intelligent and comprehensive book is definitely worth reading....

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