

## Call Me Mommy: A Journey Out of Autism



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## CALL ME MOMMY: A JOURNEY OUT OF AUTISM

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Aeon Publishing Inc. Paperback. Book Condition: New. Paperback. 170 pages. Dimensions: 8.3in. x 5.4in. x 0.6in. This is the story of Ben, a two-year-old child diagnosed as autistic. Through movement therapy, he emerged from the frozen state of autism. Movement is life. It is also a therapeutic tool by means of which the child undergoes the transition from an autistic state to one in which he functions normatively. The transition is not characterized by defined stages. Each natural situation generates spontaneous movement. Through analysis of the child's movement, we can clearly and precisely delineate the moment that the transition takes place from non-reaction to relevant and genuine reaction. This moment is not a different degree of autism or a stage in the emergence from autism. Rather, it is a state of non-autism. When the change takes place in the self, it is evident also in the child's reactions, his facial expressions and his words. The laws underlying the child's developmental capability are different from those governing adults, for children are blessed with wonderful recovery capabilities. Ben's journey took two and a half years. During this period each of his movements or non-movements was treated with a precise professional response, until he was finally able to function normatively in a regular nursery school and to live a full life. This is a true story, one of many. Each story has a different resolution and each is unique - as is the growth and development of any regular child. Each child has his own path, and all that is required is to help him find the key to develop. Yael Ophir, dance and movement therapist (ADTR) and qualified teacher of the Feldenkrais Method, has worked for twenty-five years in the child psychiatry department of Tel Hashomer Hospital in Israel. In the course of...

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