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THE WRINKLE CLEANSE: 4 SIMPLE STEPS TO SOFTER, YOUNGER-LOOKING SKIN (PAPERBACK)



Penguin Putnam Inc, United States, 2006. Paperback. Book Condition: New. 307 x 198 mm. Language: English . Brand New Book. Wrinkles, lines, sagging skin-these are the all-too-common outward signs of aging. But now with a diet rich in raw foods, vegetable juices, whole grains, and lean proteins, renowned Juice Lady Cherie Calbom reveals how you can cleanse your body of toxins and protect yourself from the inflammation and free-radical damage that cause these symptoms of aging. Now available in paperback,...

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- Authored by Cherie Calbom
- Released at 2006



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