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MEDICINAL HERB ESSENTIALS: THE ESSENTIAL GUIDE FOR GROWING AND USING MEDICINAL HERBS FOR BETTER HEALTH (PAPERBACK)



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Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.The Essential Guide for Growing and Using Medicinal Herbs for Better Health! People from different parts of the world know what medicinal herbs are because of their long line of uses. Useful in so many ways, many people are in awe of their wonders. For one, they are good for added flavor and serve as taste enhancers for cooking. The medicinal herbs also have aromatic scents that are used in various relaxation and stress relieving techniques. A number of herbs are also perfect for use in the medication of various human ailments and diseases. The medicinal property of herbs was discovered long ago by the people who inhabited the planet. In fact many incidents are mentioned in biblical stories pertaining to the use of herbs in healing people of their illnesses. Today, along with the advancement of technology, the use of medicinal contents of herbs has evolved as well. Many types of medicinal herbs are now processed into capsules, syrups, tablets and food supplements. However, many traditional methods are still used by young and old people alike to relieve themselves of pain, sores and other ailments. This book contains proven steps and strategies on how to grow some herbs and enjoy their medicinal value. Here Is A Preview Of What You'll Learn. Introduction to Medicinal Herbs Medicinal Benefits of Aloe Vera Basil Cultivating Methods Medicinal Uses of Chamomile .and Much, much more! Purchase your copy today!.

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