



# Diet and Behavior

By Krasnegor, Norman A. / Anderson, G. Harvey

Book Condition: New. Publisher/Verlag: Springer, Berlin | Multidisciplinary Approaches | This book focuses on the methodologies required to evaluate connections between diet and behavior. It is based on the premise that knowledge of the links between diet and behavior can be advanced only if appropriate methods are used, studies are vigorously designed, and data are carefully interpreted. This conceptual framework shows basic scientists just how essential multidisciplinary interaction is for the successful development of research methods and standards. | List of Contributors.- Section I. Origins of Food Preference.- 1. Conceptual Models.- Sensory Model.- Belief Model.- Ecological Model.- Food Perception Model.- Conceptual Models.- Summary.- 2. Cultural Determinants of Food Selection and Behavior.- Understanding Culture and Its Relationship to Diet.- Some Qualitative Cultural Approaches.- Biological Need, Adaptation and Behavior.- Models.- Biocultural Models.- Research Strategies.- Defining Cultural Variables.- Multidisciplinary Approaches.- Conclusions.- 3. Biological Determinants of Food Preferences in Humans.- Species-Typical Sensory Responses.- Genetic Influences on Individual Differences.- Need States, Metabolism, and Food Preferences and Aversions.- Neurotransmitters, Neuromodulators and Food Preferences.- Norepinephrine and Serotonin.- Endogenous Opiates.- Conclusion.- Discussion.- Section II. Measuring Behavioral Response.- 4. Behavior: Its Definition and Measurement in Relation to Dietary Intake.- Types of Independent Variables Most Typically Used.- Measurement Approaches.- Observational...

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