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Healing the Child Within: Changing Your Early Childhood Life Script (Paperback)

By Kelly Wallace

Createspace, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.The main reason so many people never realize their true potential and accomplish their dreams is because they have a poor relationship with their inner child. They re split off from this little person that was them many years ago. When you divide yourself this way you re never really whole and these two parts of you are always working against one another. You think you re an adult, guiding your life along, but nothing could be further from the truth. Throughout this book we ll look at various ways your younger self was misguided and poorly programmed, and ways to open up communication and heal her. You ll forge a new and better life path that will get you where you want to go. You ll rewrite the early childhood life script you ve been reciting all these years and release outworn beliefs that were firmly put into place by your caregivers. It will take time and patience, but you ll learn to love and protect that precious part of you so you can work together at...



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