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Healing the Child Within: Changing Your Early Childhood Life Script (Paperback)

By Kelly Wallace

Createspace, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****. The main reason so many people never realize their true potential and accomplish their dreams is because they have a poor relationship with their inner child. They're split off from this little person that was them many years ago. When you divide yourself this way you're never really whole and these two parts of you are always working against one another. You think you're an adult, guiding your life along, but nothing could be further from the truth.

Throughout this book we'll look at various ways your younger self was misguided and poorly programmed, and ways to open up communication and heal her. You'll forge a new and better life path that will get you where you want to go. You'll rewrite the early childhood life script you've been reciting all these years and release outworn beliefs that were firmly put into place by your caregivers. It will take time and patience, but you'll learn to love and protect that precious part of you so you can work together at...

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Reviews

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This sort of publication is almost everything and taught me to hunting forward and much more. Yes, it is actually play, continue to an amazing and interesting literature. I am pleased to tell you that this is basically the best book we have read through inside my individual life and could be the finest book for ever.

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