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Massive Life Success: Live a Stress-Free Life and Achieve Your Goals by Dealing with Anxiety, Stress and Fear (Paperback)

By Darius Foroux

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*****. Fear defeats more people than any other one thing in the

world - Ralph Waldo Emerson Do you want to change your

career? Start a business? Stop losing sleep over a deadline?

End your relationship? Or maybe, just live a fulfilling life?

Everyone has goals and ambitions in life. But sometimes we do

not pursue our dreams because we are afraid to fail or lose

face. Instead of pursuing our dreams, we constantly worry

about what we should have done or said, and this causes stress

and anxiety. Moreover, that is the voice of fear, speaking to

you. We see other successful people, who achieved their goals,

and think, how do they do it? This book uncovers the fearless

mindset you need to be successful. The truth is that fear makes

us negative and timid. Research shows that almost 2/3 of our

thoughts are negative. No wonder that every time we want to

pursue our desires, fear holds us back. Achieve what you want

from life: all it takes is action Fear is triggered...



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-- **Rachel Stiedemann**

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