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SINGING BOWLS: A PRACTICAL HANDBOOK OF INSTRUCTION AND USE



Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 2004. Softcover. Book Condition: New. What is singing bowl? It is one of the ritual objects of Tibetan. It has therapeutic value as well. This book imparts information on the use of sound in meditation, healing and prayer and secretes of singing bowls by Tibetan monks. This book explains the Himalayan bowls also known as Tibetan or Nepalese singing bowls and the special sounds they make, called sound massage. The author discusses...

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- Released at 2004



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